

Research on the Application of Emotional Education in Piano Education

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Abstract: The application of emotional education in piano teaching can effectively stimulate students' aesthetic emotions, improve students' understanding and expression skills of piano works, and thereby improve students' comprehensive qualities and help students build a perfect personality. Based on the importance of emotion in piano teaching, this article elaborates on the necessity of emotion education in piano teaching, and explores its specific application strategies in each link of piano teaching in order to provide references for the penetration of emotion in piano teaching.

1. Introduction

In today's society, people are gradually improving their spiritual pursuit. As the more important cradle of talent training in China, colleges and universities should adapt to the times and focus on cultivating the spiritual world of college students. Piano teaching is a very important part of art teaching. Good piano teaching can fully strengthen the personal qualities of college students. Nowadays, the music teaching management department of Chinese colleges and universities should fully realize the importance of the comprehensiveness of piano teaching. In the specific teaching process, college teachers should integrate emotions into piano teaching, so as to make the acceptance of college students more advanced [1]. The piano education has become a talent with comprehensive quality and comprehensive development.

2. The Relationship between Piano Teaching and Emotion

Piano teaching is a very complicated teaching activity. In the specific teaching process, college piano teachers should not only let students know the piano's tone construction and piano timbre, etc., but also pay attention to training students' coordination skills including hand-eye coordination, hand-brain coordination, and so on. Playing piano music is not a difficult learning task for students nowadays, but it is quite difficult to make the piano tunes played by students smooth and also contain applied emotions. An excellent piano piece should be able to allow the audience to hear the emotions placed by the performer [1]. To sum up, the current piano teaching has extremely high requirements for students' knowledge of music theory, performance ability and emotion. At present, college music teachers should consciously integrate the content of emotional teaching when conducting piano teaching, so that the serious ability of college students' piano can be fully strengthened [2].

3. The Importance of Emotional Education in Piano Teaching in Colleges

3.1 Improve Students' Interest in Learning Piano

Emotional education is the best way to cultivate students' interest in learning. Because students' aesthetics in music and art are obtained through emotional recognition, through emotional education, students can better understand the thoughts and feelings contained in music, understand the creator's mood and creative background, and thus have a deeper understanding [2]. The beauty of the works has formed a greater interest in piano learning.

3.2 Enhance Students' Motivation to Learn Piano

The inner motivation of students to learn can help them to produce a sense of accomplishment, thereby continuously enhancing their willingness to learn and making progress in a greater sense.

Emotional education is just such an existence, which can help every student further realize their own strengths and weaknesses, actively cultivate students' cognitive ability, and use this as a basis to help students establish correct piano learning concepts, thereby inspiring [3]. The unlimited potential of students forms a permanent motivation for learning.

3.3 Cultivate Students' Innovative Ability

In piano teaching, innovation ability is an important way to promote students' personality and express their own creativity. If teachers can cultivate students' creative ability in music when teaching, instead of simply teaching students how to use piano to play and express piano works, then students can innovate learning methods based on their different emotional and cognitive abilities in reality [3].

4. Function Analysis of Emotion in Piano Teaching

At present, college music teachers should fully realize that their traditional piano teaching methods have been difficult to strengthen students' piano ability [4]. Therefore, the current music teachers must deeply understand the function of emotion in piano teaching, and use teaching methods that fit the students' psychology and piano teaching status to cultivate students' emotions.

4.1 Adjustment Function

Emotion adjustment function refers to the ability to increase and decrease one's emotions at will in the process of playing. According to research and scientific research, emotions have a serious impact on human physical and psychological activities. When people are in a low mood, their physical and psychological activities will decline, and when people are in a high mood, their mental and physical activities will be strengthened. Based on this, the current college piano teachers should teach students the ability to adjust emotions when they are teaching piano, so that students can maintain a good playing mentality when performing piano performance, so that the students' performance level will be improved [4]. In addition, students have the ability to regulate emotions. When students learn music theory, their learning efficiency will be greatly enhanced.

4.2 Power Function

The player's personal emotion is an important motivation for the player to play the piano. The emotional power function allows the player to have extremely strong acting motivation when performing performance exercises, and the serious ones will pass their own emotions to the audience. Music Will become a medium for emotional transmission. In addition, the emotional power function caters to students to have good practice enthusiasm in daily piano practice, allowing them to improve their piano ability through continuous practice [5]. In summary, today's piano teachers in colleges and universities should encourage and organize students to watch live piano performances, so that students' emotional motivation can be fully strengthened. At the same time, piano teachers should also pay attention to improving the students' basic piano skills when teaching, so that the students' playing methods become more solid [5].

4.3 Infection Function

The infectious function is also called infectious power. In the actual performance process, the performer can pass his performance ability to the audience through the music, so that the audience can have resonance emotions. Emotional infections can also be divided into two types. The first is the transfer of emotions. The so-called transfer of emotions means that people's hearing and vision will change their own emotional state when they receive other people's emotions. The second is to move people with emotions. The so-called "moving emotions" means that serious piano players create an emotional atmosphere for today's audiences through their piano performances, so that audiences can know the emotions of the performers in the piano tunes. Nowadays, piano teachers have to arrange a variety of different emotional appeal teaching methods in daily teaching activities, so that students can have a strong emotional appeal ability [3].

4.4 Signal Function

The so-called emotional signal function means that the emotion played by the music can be transmitted to the audience in the form of performance. Generally speaking, the expressions and body movements of the performer can convey emotions. For today's piano teaching, purely playing technique teaching has been difficult to greatly enhance the students' piano performance ability. Therefore, it is necessary to cultivate students' emotional signal function [6]. In the specific training process, college music teachers should pay attention to guiding students to express emotions through facial expressions and body movements, so that students can apply this form of emotional expression to emotional performance, so that the tunes played also have signal functions.

5. The Value of Emotional Education in Piano Education

5.1 Emotional Education Can Arouse Students' Inherent Interest in Learning in Piano Education

With interest in learning, you can actively increase knowledge physically and mentally, and have a strong willingness to learn piano. In piano teaching, on the surface it is learning notes and fingering, but in essence it is thinking and feeling the emotions and thoughts in music. In the process of learning piano performance, students can feel the emotion of the work and enrich their emotions [5]. Teachers guide students' interest in learning, and students devote themselves to learning with full enthusiasm.

5.2 The Important Value of Emotional Education is Aesthetic Value

In the piano education process, in addition to stimulating students' interest in learning, teachers are required to impart knowledge while also reflecting a process of aesthetic activities. The profound emotion of piano music requires educators and learners to appreciate the works with their hearts. The works are full of beauty, the educator's teaching is full of beauty, and the social experience and life perception in the music make people intoxicated [7]. When learners learn piano music, they will be attracted by beautiful emotions and bring students into the world of beauty.

5.3 Emotional Education Can Stimulate Students' Creative Value

Piano art is rich in emotions. Piano education obtains the pursuit of beautiful things through the imagination of music in the learning process, freely uses the laws of beauty to create objective things, cultivates a good character, and improves oneself. It can be seen that emotional education can help stimulate students' creative spirit and improve their creative qualities [6]. If there is a lack of emotion in the learning process, it is difficult to imagine that good technical works will be created in the future.

6. The Concrete Application of Emotion in Piano Teaching

6.1 Stimulate Emotions with “Love”

In piano teaching, teachers can use their own emotional experience to carry out emotional education and stimulate emotion with “love”. First, get to know the students carefully. Before class, teachers should have a more comprehensive understanding of students' learning, thoughts, hobbies, advantages and disadvantages based on the actual situation of students, and prepare students while preparing lessons. In class, teachers should respect every student, listen carefully to every sentence of the student, and observe every eye or movement of the student. After class, teachers should communicate with students in time and walk into their inner world. With sincere love for children, we can get closer with students. Second, improve one's own literacy. Education is a career that requires emotional input [6]. Therefore, in the teaching process, teachers must continue to strengthen their self-cultivation, improve personal professional skills, communicate and collide with students' hearts through artistic forms with their own rich emotions, and trigger students to have a deeper understanding of tunes.

6.2 Permeate Emotion with “Technique”

The combination of art and skill is the outstanding feature of piano teaching. Therefore, teachers should guide students to realize the important role of skilled performance skills in expressing musical emotions, enrich students' musical emotions, and strive to improve students' piano skills. For example, in actual teaching, teachers focus on cultivating students' understanding of the relationship between music emotions and piano playing skills, and constantly let students try to express emotions. Over time, students will recognize the artistic vitality of music and feel the art world [7]. The relationship with the emotions of life, and then the personal emotions of life and the art world, sing from feelings, send from emotions, and express emotions with songs, all in one go.

6.3 Communicate Emotions with “Heart”

If students are afraid of piano learning, they will form a nervous state of mind, and it is difficult to obtain good learning results. Therefore, teachers must pay attention to students' psychology in teaching, starting from the “heart” and guiding students to focus on the emotional experience of music. For example, in piano teaching, teachers can allow students to engage in “brainstorming” activities, talk about their understanding of piano music in time, enhance their learning exchanges, get rid of the influence of bad emotions, and devote themselves to the learning process. In addition, teachers can also start from the actual piano playing of students and guide them to make personalized treatments according to their different understandings of piano music, and get rid of the strict regulations on body movements [7]. With the double relaxation of mind and body, students no longer fear, no tension, and naturally get twice the result with half the effort.

7. Summary

Emotional education is an indispensable part of piano teaching. Whether it is the cultivation of students' interest in learning, the improvement of piano skills or the intervention of psychological and emotional, they cannot be separated from the infiltration of emotions and guidance. Therefore, teachers must pay attention in teaching, fully understand the importance of emotional education, and actively try in many ways to show the unique charm of piano, promote students to correctly understand works, learn to convey emotions of works through music, and innovate works. This has a positive effect on the improvement of piano teaching effect, and has a broader guiding significance for the future development of students.

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